



# Our Lady of Calvary

**CELEBRATING 60 YEARS!**  
1958-2018

RETREAT CENTER

## Press Pause

Wednesday, May 9, 2018 @ 7:00 - 9:00 pm

Presenter: JoAnne Ceccarelli-Egan



### Press Pause!

Learn practical ways to nurture yourself as you set clear boundaries with love.

Are you giving more and enjoying it less? Do you work harder to solve others' problems than they do? Are you staying busy, running from here to there trying to fill the void in your life? How is that working for you?

You deserve a deeper, more authentic life, where YOU are in control and have peace of spirit and mind.

*Presenter: JoAnne Ceccarelli-Egan LCSW*

### REGISTRATION FORM

**Press Pause (Evening)**  
Wednesday, May 9, 2018  
 Program - \$25

Name .....

Address .....

City ..... State ..... Zip .....

Phone ..... Email .....

**PAYMENT MUST BE MADE AT TIME OF REGISTRATION. PLEASE HELP US PLAN BY REGISTERING AT LEAST ONE WEEK BEFORE THE PROGRAM.**

My \$25 offering for the program is enclosed.

Mail reservation and offering to: **Our Lady of Calvary Retreat Center**

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