



Our Lady of Calvary

RETREAT CENTER

Praying with Art: Coloring Workshop

Wednesday, May 22, 2019 @ 9:00 am - 1:00 pm

Presenter: Brother Michael Moran, CP



As one who is an artist and who has meditated daily for a number of years, I have experienced the deep focus that is a part of the creative process and the mindful, prayerful process. Add to that the popularity of adult coloring books over the last several years, and you have a practical experience of creating something beautiful and quieting the mind to allow ourselves to be receptive to the working of the Spirit.

We will begin the day with a short description of praying with art and then hand color a copy of one of my linocuts or film cuts. We will end the day with a sharing about the process. My hope is that you may be inspired to continue express your creativity and quiet the mind in this way.

This program includes lunch.

Brother Michael Moran, C.P., is an artist whose work is collected and exhibited throughout the world. He was recently featured in an article in VISION magazine.

REGISTRATION FORM

Praying with Art: Coloring Workshop

Wednesday, May 22, 2019

Workshop - \$30

Name

Address

City State Zip

Phone Email

PAYMENT MUST BE MADE AT TIME OF REGISTRATION. PLEASE HELP US PLAN BY REGISTERING AT LEAST ONE WEEK BEFORE THE PROGRAM.

My \$30 offering for the program is enclosed.

Mail reservation and offering to: **Our Lady of Calvary Retreat Center**

31 Colton Street • Farmington, CT 06032

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