



Our Lady of Calvary

RETREAT CENTER

Lectio Divina and Contemplative Prayer: Moving from Work to Wonder

Saturday, March 30, 2019 @ 9:00 am - 1:30 pm

Presenter: Celeste Calabotta



Do you feel drawn to contemplative prayer but are somewhat uncertain about what it really is? Are you overwhelmed by the many voices teaching meditation under its many names: Mindfulness, Centering Prayer, Lectio Divina, Buddhist and Zen meditation, among others? Have you experienced enlightening and elevating group Centering Prayer workshops or Lectio Divina gatherings, only to experience confusion and uncertainty when you try either of these by yourself? And have you asked yourself, often in heartbroken frustration, "Why do I feel so drawn to meditation, but I can't seem to be able to do it by myself?"

Be empowered to make Lectio Divina, an ancient contemplative practice of prayer and meditation, a daily

practice in your own life. First, we will clarify our understanding of the relationship between various forms of meditation and contemplative prayer, emphasizing the practice of Lectio Divina. Then, you will experience not only group Lectio, but also your own private practice of Lectio, both within the supportive environment of the group, and later, completely on your own!

This program will take place upstairs in the Blue Room. Seating is limited. Includes lunch.

Celeste Calabotta is a retreat team member here at OLC.

REGISTRATION FORM

Lectio Divina and Contemplative Prayer

Saturday, March 30, 2019

Program - \$30

Name

Address

City State Zip

Phone Email

PAYMENT MUST BE MADE AT TIME OF REGISTRATION. PLEASE HELP US PLAN BY REGISTERING AT LEAST ONE WEEK BEFORE THE PROGRAM.

My \$30 offering for the program is enclosed.

Mail reservation and offering to: **Our Lady of Calvary Retreat Center**

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