

PRESS RELEASES FALL 2019

RETREATS

2019-20 WOMEN'S RETREAT AT OUR LADY OF CALVARY, FARMINGTON, CT Experience a weekend filled with rest, relaxation and spiritual renewal at Our Lady of Calvary Retreat Center in Farmington, CT. You'll have the opportunity to participate in the sacraments, to hear conference talks, to share with other women and to reflect on this year's theme, *"How Can I Keep From Singing."* 2019-20 Retreat dates: Nov. 1-3; Jan. 10-12; Jan. 17-19; Feb. 28-Mar. 1; Mar. 6-8; Mar. 13-15; Mar. 27-29; Apr. 17-19; or July 17-19. For information call our office at (860) 677-8519 or visit our website at www.ourladyofcalvary.net.

RETREAT FOR MEN AT OUR LADY OF CALVARY RETREAT CENTER IN FARMINGTON, CT Father Warren Savage will lead a retreat for men at Our Lady of Calvary Retreat Center February 8, 2020 @ 9:00 am - February 9, 2020 @ 12:00 pm. The theme of the retreat is ***Go in Peace, Glorifying the Lord with Your Life!*** The retreat will include an opportunity to celebrate the Sacrament of Reconciliation and Mass. Visit OLC's website www.ourladyofcalvary.net/event/retreat-for-men/ or call the retreat center at (860) 677-8519 for more information and to register.

DAY AND EVENING PROGRAMS

Mariachi Mexico Antiguo will celebrate the opening of the 2010-2020 retreat season at Our Lady of Calvary Retreat Center, Farmington, from 2:00 to 4:00 pm on Sunday September 8. **Mexico Antiguo**, established in 2010, is noted for its vibrant sound, traditional core, and restored focus on the antique traditions of the genre.

The dedicated and talented musicians of **Mexico Antiguo** have performed by invitation throughout the western United States as well as in the New England area. They have worked with such renowned artists as Beatriz Ariana, Graciela Beltran, Gildardo Alvarez, Jesus "Chuy" Guzman, and Juan Valentin. In 2005 they even performed with Placido Domingo.

Free will offering. Sign up by visiting www.OurLadyofCalvary.net or calling 860-677-8519.

*** **

Stephen Spielberg's *Amistad* will be shown as the Movie Matinee at Our Lady of Calvary Retreat Center, Farmington, on Wednesday October 2, 2019 from 12:00 to 3:00pm. The *Amistad* story has ties to Farmington history. Attend this program and learn more!

Fifty-three enslaved persons lead a revolt against a Spanish ship, "LaAmistad," that ends up on

United States soil. They are arrested and accused of murder and piracy—charges that bring the death penalty. Ex-President John Quincy Adams takes their case. Based on a true story and set in 1839, the movie is sprinkled with biblical references and rightly shows that most abolitionists were Christian. It is also full of Christian themes, including protecting the vulnerable and standing up for what is right even when it is not popular.

Attendees will receive a boxed lunch to enjoy during the screening. A short discussion will follow the movie. Sister Mary Ann Strain, CP, OLC's Program Director, will act as facilitator.

Offering is \$25. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

Sister Joanne Fahey, CP, will present **Simplicity: Clearing the Clutter in our Lives** at Our Lady of Calvary Retreat Center, Farmington, on Wednesday October 16, 2019 from 9:00 am to 1:00 pm.

According to Joan Chittister, "Simplicity is an attitude of mind that enables us to stand unimpeded by the seductiveness of the unnecessary and the cosmetic." Simplicity is about removing the clutter from our outer and inner lives so that we may move more gently through life. Whether we are "pack rats" or "neat freaks" this is more easily said than done. It is a life-long struggle, accomplished one step at a time. During the morning we will spend time praying, reflecting and sharing on the importance and the value of simplicity in our lives.

Offering is \$30 includes lunch. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

Bridge of Spies will be the Movie Matinee shown at Our Lady of Calvary Retreat, Farmington from 12:00 noon to 3:00 pm on Wednesday October 23, 2019.

The film is based on a true story from 1957. A Soviet spy is arrested during the heart of the Cold War. A hesitant U.S. attorney, played by Tom Hanks, has the task of representing him. The movie is full of scriptural themes. Every life matters—even guilty ones. In fact, all of us need a defense. The film ends with a prisoner exchange that has biblical parallels. Mark Rylance, who plays the Soviet spy, won an Oscar for Best Supporting Actor.

Attendees will receive a boxed lunch to enjoy during the screening. A short discussion will

follow the movie. Sister Mary Ann Strain, CP, OLC's Program Director, will serve as facilitator.

Offering is \$25. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** *** *** ***

Is It Even Christian? Exploring the Roots of Halloween is the title of a program to be presented by Sister Mary Ann Strain, CP, at Our Lady of Calvary Retreat, Farmington, on Wednesday October 30, 2019 from 9:00 am to 1:00 pm.

Come explore the true origins of Halloween and its roots in the Celtic tribes of Ireland, Scotland, Wales and Brittany. For ancient people November 1 marked the beginning of a new year and the coming of winter. Many of our contemporary Halloween traditions date back to the ancient Celts' belief that the souls of the dead, including ghosts, goblins and witches, returned to mingle with the living. In order to scare away the evil spirits, people would wear masks and light bonfires.

The day will begin with a special prayer remembering our deceased loved ones, followed by Sister Mary Ann's presentation. Inspired by the ancient Celts' practice of carving turnips at Samhain, we will end the morning by painting pumpkins, then enjoying a Halloween-themed lunch.

Offering is \$35 including lunch and materials. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** *** *** ***

Branford artist Emer Gearhart invites you to a "*Paint Escape to Grass Island*" at Our Lady of Calvary Retreat Center, Farmington, on Saturday November 2, 2019 from 9:00 am to 1:30 pm. Come and enjoy a morning of painting Grass Island. Grass Island is an oasis site for shoreline artists located in Madison, CT.

No need to bring any supplies. All will be provided. Experience not needed! Beginners and those with all levels of experience are welcome. We will dive into acrylics, working from selective photos and will break for lunch at 12:30. No frets if you need extra time to finish! We look forward to painting with you!

Offering is \$35 including lunch and materials. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of

Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** *** *** ***

Autumn Inspiration—Prayer, Music and Watercolor, is the theme of the program being presented by Kathy Irr at Our Lady of Calvary Retreat Center, Farmington, on Wednesday November 6, 2019 from 9:00 am to 1:00 pm. Kathy Irr is a member of the OLC retreat team.

“Stir the light within through prayer, music, and watercolor.” Bring an inspirational quote to remind you of what those words mean in your life. We will use simple watercolor and mixed media to create a lovely personal painting. No experience is necessary.

Offering is \$35 including lunch and materials. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** *** *** ***

Shawnee Baldwin will present a **Confirmation Retreat** at Our Lady of Calvary Retreat Center, Farmington, on Sunday November 17 from 2:00 to 6:00 pm.

What does getting your driver’s license have to do with Confirmation? What car part would you be as a disciple? What is the plan to get a car and ensure its safety and maintenance? Come to this interactive retreat and find out?

Shawnee Baldwin served as Coordinator of Youth and Adult Ministry at the Archdiocese of Hartford for 20 years. During that time, she coordinated, among many other programs and retreats, the Annual Catholic Youth Spectacular with 1400-2000 young people! Shawnee holds an MA in Religious Studies from Hartford Seminary.

Snacks will be served. The offering per person is \$30. If you are a DRE interested in bringing a larger confirmation class, please call OLC at 860-677-8519 to talk with us about a group rate.

Offering of \$30 must be paid at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** *** *** ***

Sister Eileen Fucito, CP will present **Spirituality of Women for the Future of the Church** at Our Lady of Calvary Retreat Center, Farmington, on Wednesday November 20 from 9:00 am to 1:00

pm.

In an impromptu press conference on the return flight from World Youth Day in Rio de Janeiro, Pope Francis said "...all we say is they can do this, they can do that, now they are altar servers, now they do the readings...but there is more! We need to develop a profound theology of woman."

Where is the Church in relation to women nearly sixty years after Vatican II? Where are women in relation to the Church? The program will invite participants to reflect on these questions in the light of Church documents and our present understanding and experience of the gifts of mind and heart that women can and do bring to Church ministry. In addition to the presentation, there will be time for personal reflection and an opportunity to share wisdom with one another.

Sister Eileen Fucito is an experienced retreat leader and spiritual director. She was a member of the retreat team at Holy Family Passionist Retreat Center. Sister Eileen founded and then directed Our Lady Queen of Peace Retreat Center in Dancyville, Tennessee for over 20 years, Currently, she serves as Congregational Leader of the Sisters of the Cross and Passion and is a member of Our Lady of Calvary's retreat team.

Offering of \$30 includes lunch. Payment must be made at time of registration. Please help us plan by registering at least one week in advance. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** *** *** ***

The "O Antiphons" are the theme of the Advent Retreat Day to be presented by Sister Elissa Rinere, CP at Our Lady of Calvary Retreat Center, Farmington, on Wednesday December 4, 2019 from 9:00 am to 2:00 pm.

"O Come, o come Emmanuel." Every verse of this most familiar Advent hymn is actually based on an "O Antiphon." During the last days of Advent, praying with these antiphons provides us with a novena for Christmas. Although 1000 years old, the rich imagery of the "O Antiphons" speaks to us now, inviting us to peace and prayer, not to hurry and haste, in preparation for Christmas. Our Advent Day will include an opportunity to celebrate the Sacrament of Reconciliation, Mass, and lunch.

Sister Elissa Rinere has been a Passionist Sister for over 30 years. She holds a Master's degree in Education from the University of Rhode Island and a Doctorate in Canon Law (JCD) from the Catholic University of America. She has spent many years working in the Church as both a canon lawyer and pastoral minister.

Offering is \$35. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

Wellness Day will take place at Our Lady of Calvary Retreat Center, Farmington, on Saturday January 4, 2020 from 10:00 am to 4:00 pm. The presenters are Alicia Clendennin, Mary Hagadorn, and Kathy Irr.

The day will begin with Alicia Clendennin's class on **Women's Health Issues**, including wellness support through the use of essential oils and supplements. The talk will build on last year's discussion, but you need not have attended that presentation to benefit from it.

Mary Hagadorn will lead an optional **Move and Stretch Class** early in the afternoon. Mary specializes in functional fitness and will demonstrate exercises that can easily be done at home to build strength, flexibility and balance.

The final session of the day will be **BioSpiritual Focusing Workshop** led by Kathy Irr. BioSpiritual Focusing is an invitation to a new perspective and approach to spirituality and spiritual growth that includes both and body and the mind. BioSpiritual Focusing offers a fresh and holistic approach to spiritual transformation and healthy, vibrant living.

You may wish to enjoy a massage as part of your wellness day. Massage appointment must be scheduled in advance by calling 860-677-8519.

Offering is \$50. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

GOSPEL PORTRAITS is the subject of a retreat day to be presented by Sister Mary Ann Strain, CP, at Our Lady of Calvary Retreat Center, Farmington, on Wednesday January 8 from 9:00 am to 2:00 pm.

Each of the four Gospels presents a different portrait of Jesus. Have you ever wondered why? Portraits of the same person can look very different and can be used to convey a specific truth about the sitter. Join us to explore the four Gospel Portraits of Jesus. The presentation will consider parallel passages from the Gospels with the intention of understanding the four Evangelists—Matthew, Mark, Luke and John—as portraitists helping us to appreciate the many faces of Jesus. The day will include an opportunity to celebrate the Sacrament of Reconciliation,

Mass, and lunch

Offering is \$35. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

Sheri Dursin will present **Creating Space for Grace: A Retreat for Busy Women** at Our Lady of Calvary Retreat Center, Farmington, on Saturday January 11, 2020 from 9:00 am to 1:30 pm. Come and see how you can create space for grace!

Today's woman is pulled in a million different directions. This hectic pace can make it difficult to listen for the voice of God. Women need time. We need quiet. We need a safe space free from distraction. We need to stand still long enough to be found. God's grace is our gift for the taking if only we can make room to receive it. You are invited to reflect on ways you can create space for grace and God to enter your life fully and completely.

Sheri Dursin is a writer, speaker, and experienced retreat presenter. For ten years she has been presenting spiritual retreat programs to parishes and groups across the State of Connecticut.

Offering of \$30 includes lunch. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

Chariots of Fire has been chosen as the Movie Matinee to be shown at Our Lady of Calvary Retreat Center, Farmington on Wednesday January 15, 2020 from 12:00 to 3:00 pm.

Chariots of Fire is a 1981 British historical drama. It tells the fact-based story of two athletes in the 1924 Olympics: Fred Liddell, a devout Scottish Christian who runs for the glory of God, and Harold Abrahams, an English Jew who runs to overcome prejudice. The film was conceived and produced by David Puttnam, written by Colin Welland, and directed by Hugh Hudson. It was nominated for seven Academy Awards and won four, including Best Picture and Best Screenplay.

It is ranked 19th in the British Film Institute's list of Top 100 British films. The film is also notable for its memorable instrumental theme tune by Vangelis, who won the Academy Award for Best Original Score. The film's title was inspired by the line "Bring me my chariot of fire!" from the William Blake poem adapted into the popular British hymn, "Jerusalem," heard at the end of the film. The original phrase is from 2Kings 2:11 and 6:17 in the Bible.

A short discussion will follow the screening. Sister Mary Ann Strain, CP, OLC's Program Director, will act as facilitator. Participants will receive a boxed lunch to enjoy during the film.

Offering is \$25. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

Wired and Beaded Jewelry Workshop will be held at Our Lady of Calvary Retreat Center, Farmington, on Saturday January 18, 2020 from 9:00 am to 1:30 pm and again from 12:30 to 4:00 pm.

Making wired and beaded jewelry is fun and a relaxing way to create something beautiful and unique. No experience is necessary. In the class you will learn basic wire wrapping skills to make a beautiful wire wrapped rosary or beaded bracelet that you can wear home or give as a gift to someone you love. Tools, beads, wire and other materials will be provided. If you have your own tools or beads that you would like to incorporate into your project, you are welcome to bring them as well.

Facilitators Becky Bridges and Beth Mertz have been designing jewelry for about ten years. Becky is our Office Manager and Beth works as a Public Health Nurse.

Sign up for either the morning or afternoon session. Registration is limited to 10 participants per session. The same lesson will be taught in both. Both workshops include lunch, which will be served at 12:30.

Offering is \$35. Payment must be made at time of registration. Please help us plan by registering at least one week before the program. Contact Our Lady of Calvary Retreat Center at 860-677-8519; ourladyofcalvary.net; olcretreat@sbcglobal.net; or by mail at 31 Colton Street, Farmington, CT 06032.

*** **

allHaHH H