



Our Lady of Calvary

RETREAT CENTER

Hope and Healing Retreat

September 27 @ 5:00 pm - September 28 @ 4:00 pm



Hope and Healing: Time for Self-Care and Renewal

You'll feel better when you leave!

Join us in September at Our Lady of Calvary for a 24-hour women's retreat focused on self-care and spiritual renewal. Enjoy workshops, guided meditations, delicious meals, and pampering activities to leave you feeling refreshed and ready to take on the world. Don't forget to bring a friend for an even more enjoyable experience!

Choose from our diverse range of workshops including Bio-Spiritual Focusing, a Quilling Workshop, a gentle workout, a Reiki session (20 minutes), chair massage (20 minutes), one-on-one spiritual companionship, and an outdoor activity.

Our Lady of Calvary Retreat Center
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Farmington, CT 06032
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SCAN ME